

THE LADIES *of* HONOR



COMPLETE GUIDE TO GODLY WOMANHOOD

BRAVE

DO YOU HAVE
THE COURAGE
TO BE A REAL
LADY OF
HONOR?

PURE

UNLOCK THE
AMAZING
POWER
OF PURITY

STRONG

TAP INTO
THE LIONESS
INSIDE YOU

READY

GET EQUIPPED
TO CHANGE
THE WORLD,
GIRL!



DO YOU DARE?

take the LOH
commissioning
path challenge

STRONG & BEAUTIFUL

real women
of virtue - true
stories!
pages 49, 73,
and more!

FINDING TRUE LOVE

is the fairy tale
for real? How to
recognize your
Prince Charming
page 54

PATH THIS WAY!

**PLEASE
DO NOT
ENTER
THE**

Please...
~~DO NOT ENTER~~

#WHATHONORMEANS2ME

NEW!
FOLLOW US
ON INSTAGRAM
@THELADIESOFHONOR

What are you
doing to become a
REAL LADY
OF HONOR?

Tell us about it!

TWEET, TAG &
MENTION
@LADIESOFHONOR

or
write us at:
LOH@
themenofhonor.org

P.O. Box 1341
Rowlett, Texas
75030-1341

MODULE ONE

THE LADIES OF HONOR
LEADERSHIP PROGRAM FOR
YOUNG LADIES 9-19 YEARS OLD

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READY
PREPARED & ABLE

WELCOME!

Hello there, beautiful daughter of the King!

I am so proud of you for choosing to make a difference by becoming a Lady of Honor. My prayer is that you would realize how unique and beautiful you are and that God has given you giftings and talents that are all a part of your great purpose.

In our world today, we need strong young ladies who are not afraid or ashamed to live a righteous life and stand up for what is right.

Praying for you and look forward to seeing you be the "TRUE LADY OF HONOR" God has called you to be!

Love,

Mrs. Rorie



Melissa and Tony Rorie

Melissa Rorie is the co-founder of The Men and Ladies of Honor. She has made it her life's passion to lead others, especially young ladies, in become the true Proverbs 31 woman every girl is destined to become.

"My inner beauty is the jewel that shines within me," she declares, teaching one of the Ladies of Honor axiom points.

Mrs. Rorie encourages every girl to see that she is valuable, and beautiful, and loved as God's special treasure. Every girl deserves to be treated like a princess, because you are a daughter of the king!

YOUR LOVE QUEST: TO BE BRAVE, PURE & STRONG

to be
a TRUE,

REAL

Lady of Honor

As you pack and prepare for your journey into godly womanhood, make sure you have all the “must-haves!”

The FIRST thing you’ll need is the RIGHT mindset. This journey is like any challenge you take: you’re going to get out of it exactly what you put into it. So, get rid of all of your old baggage--the things that hold you back and drag you down...the negative things you hear and see when you look in the mirror, the things you regret about the past, the things you fear about the future...never mind all of that. ALL THINGS ARE POSSIBLE!

IN THIS BOOK:

▶▶▶ CHALLENGES

These are the steps you take to get to the next phase of your life--to better days, a brighter outlook, and a stronger YOU.

☂ REMEDIES

Sometimes we make mistakes--really, we make mistakes every day. But God always makes a way out -- a way to make things right.

✦ EXPLORATIONS

Never settle for “just good enough.” Exploration points will help you take your life to the next level with secrets to success and life hacks and challenges. Don’t just stand up -- stand out!

PLUS:

DEVOS, PROFILES
SKILL & STYLE GUIDES,
REALITY CHECKS
COLORING & GAMES
and LOTS OF WISDOM
QUOTES FROM LEGEND-
ARY LADIES OF HONOR,
LIKE THIS:

“The mind is a battlefield. It is a vital necessity that we line up our thoughts with God’s thoughts. So many people’s problems are rooted in thinking patterns that actually produce the problems...”

Don’t ever give up, because, little by little, you are changing.

The more you change your mind for the better, the more your life will also change for the better.”

--Joyce Meyer,
from Battlefield
of the Mind



Did you know...smart hikers and campers keep dark chocolate in their supplies, to sustain their strength and spirits in case they get into a serious survival situation. In this book, you will see that WISDOM QUOTES and CHALLENGES are always in dark chocolate brown. That’s because both things -- listening to wisdom from others, and stepping up to take a challenge -- will not only keep you going, they will enrich and strengthen you!

your **FIRST CHALLENGE:**
➤➤➤ memorize **THE LADIES
OF HONOR AXIOMS**

I AM A LEADER

I am a Lady of Honor

MY ATTITUDE

Is my choice

I DO THE RIGHT THING

Because it's the right thing to do.

I LEARN TO LISTEN

Because I listen to learn

A GOOD LEADER

Is a godly leader

TO BE A GODLY LEADER

I must follow Christ

LIGHT!

➤➤➤ **LOYALTY**

➤➤➤ **INTEGRITY**

➤➤➤ **GENEROSITY**

➤➤➤ **HONESTY**

➤➤➤ **TRUSTWORTHINESS**

I AM NOT ORDINARY

I am extraordinary

MY INNER BEAUTY

Is the jewel that shines within me.

LADIES OF HONOR... SHINE!

123... YES!

I memorized my LOH Axioms!

Leader Signature

Date

So, what are
"Axioms?" and
why do we say
them out loud?

Because words are powerful. When someone says something mean to you, don't you feel it?

When someone says something good about you, you feel it, too.

What REALLY affects us, though, are the things WE say and think about OURSELVES.

Proverbs 23:7 tells us that whatever a person thinks in his heart, is what he is.

Even more powerful, then, are the things we say about ourselves. They are our DECLARATIONS -- they define who we are and what we really believe. When we make a deliberate effort to say POSITIVE things about ourselves, TO ourselves, we win half the battle.

To boost confidence and get into the right mindset, successful people make it a habit to say only good things about themselves and their goals -- they actually DECLARE good things into their lives, and have faith that God will help them to achieve those things they want to achieve, and to be the person they want to become.

CHALLENGE #1

LOH #PINKPOWER

YOUR FIRST CHALLENGE IS TO EARN YOUR VERY OWN LADIES OF HONOR SHIRT.

TO WIN THE SHIRT, YOU MUST FIRST MEMORIZE THE AXIOMS, AND BE ABLE TO LEAD THEM WITH CONFIDENCE.

After being selected for membership in the Ladies of Honor, and memorizing the axioms, you will be awarded a Ladies of Honor shirt. It bears the signature logo on the front.

Over the heart is the international symbol of The Men and Ladies of Honor, designating you as an official World Changer, on behalf of our organization.

Across the right sleeve, you will find the words "Ladies of Honor," symbolizing our arm of action.

Wearing this shirt is an honor -- and a privilege.

It tells everyone around us that we are leaders. We are part of an elite group. The shirt represents our immediate group around campus and the



community, and also represents the thousands of Ladies of Honor all around the world, for all time.

As a Lady of Honor, you should be recognizable not only by the shirt, but by your actions, your attitude...everything!

I AM A LEADER
I AM A LADY OF
HONOR...

ALL THE TIME,
WHEREVER I GO,
WHATEVER I DO...

AT SCHOOL, AT HOME,
AT PRACTICE, AT THE MALL,
AT THE GAME, BEHIND
CLOSED DOORS, IN SECRET
PLACES, WHEN I'M ALONE,
OR WHEN I'M STANDING
CENTER STAGE, ON
INSTAGRAM, WHEN
I TWEET, FACETIME
OR SNAPCHAT,
I WILL BE
A LADY OF
HONOR

LIGHT PINK

is the designated color for Ladies of Honor.



At camp and other events, or just around camp, Ladies of Honor like to accessorize their outfits with pink.

A pink camouflage bandanna, for instance, is the designation for commissioned leaders at camp, while pink scarves, bracelets, or shoes are a fun addition to any combination when you're dressing up.

No matter what colors you wear, whether it's LOH pink, your school uniform, your school team colors, or your favorite old weekend T-shirt, remember that you are a Lady of Honor 24 hours a day, 7 days a week.

HOT PINK

is the designated color for leadership in the Ladies of Honor. When you become commissioned, you will earn your right to wear a hot pink shirt.



Wear your LOH shirt with pride! It tells everyone that you have chosen to live your life with

LOYALTY
INTEGRITY
GENEROSITY
HONESTY, and
TRUSTWORTHINESS.

Encourage your friends to wear theirs whenever they can, too. Doing this shows you are truly united to change the world, starting with your own town.

the 5 Tenets of Honor

In order to progress as a Lady of Honor, you will be required to earn your Tenet charms. They are symbols of your growth and achievement. The next few pages will help you understand the requirements and track your progress. Have your leader sign and date the blank after you complete each tenet requirement.

There are five tenets or achievement levels in the Ladies of Honor program. For each tenet there is a set of requirements, which, once completed, are awarded by an honor charm, worn on a pin or bracelet. You will be challenged to achieve all five charms in your first year.

1



courage

Courage is essential to becoming a Lady of Honor. It takes courage to stand for what is right and is a leading factor in a young woman's success in the program.

Courage is emphasized in every lesson and event. It is the call to Courage that appeals to you.

This Tenet Pin will require 1-2 months to achieve. NOTE: Have your leader sign off here, the once you have completed each element:

REQUIREMENTS:

1. Attend a Ladies of Honor Camp

Leader Signature _____ Date _____

2. Participate in a challenge element at camp.

Leader Signature _____ Date _____

3. Complete this manual: Modules 1-3.

Leader Signature _____ Date _____

2



leader-ship

Leadership is influence. If we are not leading, we are being led.

67% of people say their worst fear is public speaking. Many people hide from their potential and destinies because of fear of speaking in public. We will help you overcome this fear. Secondly, you are committed to what you confess. If you make a public proclamation, you are statistically more likely to follow up on your proclamation.

Mentoring is also an indicator of success. Early on we establish mentor relationships in your life.

We believe that if it is stressed enough, it will form a pattern that lasts. You will mentor and be mentored.

REQUIREMENTS:

1. Lead two Ladies of Honor sessions.

Leader Signature _____ Date _____

2. Mentor one student, and be mentored by an older student.

Leader Signature _____ Date _____

3. Show personal leadership in your group for at least six months.

Leader Signature _____ Date _____



3



CHARACTER

Character is the moral quality and values you possess. They are the inner compass that guides you to do the right thing. Character is what distinguishes mediocre women from great women. Character can be shaped and molded, but once you let it set, it is hard to change.

The greater your character, the greater the woman you will become. Ladies of Honor are girls who show character not only when others are looking, but in their private lives as well.

Good character = Christ-likeness.

REQUIREMENTS:

1. Read the story of Esther and complete a 3-5 page Bible character profile report.

Leader Signature _____ Date _____

2. Demonstrate character (no more than one discipline incident for whole school year).

Leader Signature _____ Date _____

3. Complete Manual #1

Leader Signature _____ Date _____

4. Make a confession of faith in Christ.

Leader Signature _____ Date _____

4



compassion

Ladies of Honor are encouraged to use the creativity God gave them to find ways to show compassion on the needy.

The measure of a person is service to others. In order to get your compassion pin you must find an existing project or invent your own service project to help others.

Ask your leader about other ways you can help your school or community by being compassionate year-round (not just to earn your charm).

REQUIREMENTS:

- Complete two approved service projects.

Leader Signature _____ Date _____

PROJECT EXAMPLES:

ORGANIZE & LEAD a food drive to organize or assist with raising food for the needy. (Any amount) or
Toy drive leader: Organize or assist with gathering Christmas presents for the needy.

5



diligence

Diligence is the hard-working excellence inside of you. The difference between people of excellence and mediocre people is the diligence that they are willing to display.

Diligence is almost always in our actions. Diligent people go above and beyond and do a little bit extra.

Jesus said that if our enemy asks us to go 1 mile, we should go with them two. Diligence is in the extra mile!

REQUIREMENTS:

1. Obtain a set grade point average (locally established)

Leader Signature _____ Date _____

2. Have only two or less absences from school; and two or less absences from ladies of honor.

Leader Signature _____ Date _____

3. Memorize "the Fellowship of the Unashamed."

Leader Signature _____ Date _____

THE FELLOWSHIP OF THE UNASHAMED

I AM part of the “Fellowship of the Unashamed.” The die has been cast. The decision has been made. I have stepped over the line. I won’t look back, let up, slow down, back away or be still.

MY PAST HAS BEEN REDEEMED, my present makes sense, and my future is secure. I’m finished and done with low living, sight walking, small planning, smooth knees, colourless dreams, tamed visions, mundane talking, cheap giving, and dwarfed goals.

I NO LONGER NEED preeminence, position, promotions, plaudits, or popularity. I don’t have to be right, first, tops, recognised, praised, regarded or rewarded.

I NOW LIVE BY FAITH, lean on His presence, love with patience, live by prayer and labor with power. My face is set, my gait is fast, my goal is heaven, my road is narrow, my way is rough, my companions are few, my Guide is reliable, and my mission is clear.

I CANNOT BE BOUGHT, compromised, detoured, lured away, turned back, deluded, or delayed. I will not flinch in the face of sacrifice, hesitate in

the presence of adversity, negotiate at the table of the enemy, ponder at the pool of popularity, or meander in the maze of mediocrity.

I WON’T GIVE UP, shut up, let up or slow up until I have stayed up, stored up, prayed up, paid up and spoken up for the cause of Christ.

I AM A DISCIPLE OF JESUS CHRIST. I must go 'til He comes, give 'til I drop, preach 'til all know and work 'til He stops me. And when He comes for His own, He will have no problem recognising me. My banner is clear.

I AM PART OF THE “FELLOWSHIP OF THE UNASHAMED.”

To see the FELLOWSHIP OF THE UNASHAMED recited by a real MOH Honor guard graduate scan this with your Smartphone.



“For I am not ashamed of this Good News about Christ. It is the power of God at work...” Romans 1 : 16

CHALLENGE #3



Honor Guards in Dallas, Texas, USA, raise their shields as the audience applauds their accomplishments. These six girls blazed the trail for others, as they were the first Ladies of Honor to be fully commissioned, and were celebrated by hundreds of attendees at a formal banquet.

honorGuard

The Honor Guard is a SPECIAL UNIT within the Ladies of Honor. They are the best of the best, and the top echelon. A student who wants to attain the rank of Honor Guard must be a walking example of how a Lady of Honor should conduct herself.

Once you have completed all of the challenges in this manual, as well as the second manual, you will become eligible to begin training to be an Honor Guard.

“Many are called, but few are chosen”

There are four challenge elements to becoming an Honor Guard, all detailed to the right.

The first one is memorizing “The Romans Road to Salvation,” a set of scriptures every Christian should know. Not only to fully grasp and receive your own salvation, but to lead others into salvation, as well.

The Romans Road to Salvation

ROMANS 3:23

For everyone has sinned; we all fall short of God’s glorious standard.

Romans 6:23

For the wages of sin is death, but the gift of God is eternal life.

Romans 5:8

But God demonstrates his own love for us in this: while we were still sinners, Christ died for us.

Romans 10:9

If you declare with your mouth, “Jesus is Lord,” and believe in your heart that God raised him from the dead, you will be saved.

Romans 10:10

For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved.

Romans 10:13

For everyone who calls on the name of the Lord will be saved.



“Whoever pursues
RIGHTEOUSNESS
 & unending love
 will find
L I F E
 righteousness,
AND HONOR.”
 --PROVERBS 21:21



An Honor Guard:

...is far from oppression, and fear does not come near her (Isaiah 54:13)

...is born of God, and the evil one does not touch her (I John 5:18)

...has the mind of Christ (1 Corinthians 2:16)

...has received the gift of righteousness and reigns as a queen in life by Jesus Christ (Romans 5:17)

...has put off the old girl, and has put on the new girl, which is renewed in the knowledge after the image of God, who created her (Colossians 3:9-10)

...has no need or lack, for God supplies all of her needs according to His riches in glory by Christ Jesus (Philippians 4:19)

...can quench all the fiery darts of the enemy with her shield of faith (Ephesians 6:16)

...can do ALL THINGS through Christ, which strengthens her (Philippians 4:13)

MISS. SARAH EDWARDS
COMMISSIONED AN AMBASSADOR TO WOMEN
BY THE LADIES OF HONOR
NOVEMBER 12, 2013

1

Complete all five tenet requirements

2

Memorize The Fellowship of the Unashamed

3

Memorize The Romans Road to Salvation

4

Complete TLOH Manual 2, and begin Manual 3



IT'S
TIME
FOR A

CHANGE

What would it be like, if you had a special chamber that you could step into, turn on, and when you came out, you would be stronger, better, braver, more blessed....and truly happy?

Imagine the ordinary, sluggish, serious caterpillar, wrapping herself up in her cocoon, and then waiting, patiently in the lonely darkness for.....what? Does she know that she will soon burst out as an amazingly beautiful butterfly? She must have some idea--at least an instinct--something deep within that tells her she needs to change--that there is a better life ahead of her, than she leaves behind.

Look at your life. It may be good, awful, or just blah. It might even be great--but, still, there is something even greater ahead of you, if you dare to step into the transformation chamber.

Why change? If we keep doing the same things, we're going to keep getting the same results. Drama, heartbreak, disappointment, trouble...so many times, these things are just a result of the decisions we have made. If you want something different -- something better -- you have to change what you are doing.

Things can change, right here, right now.

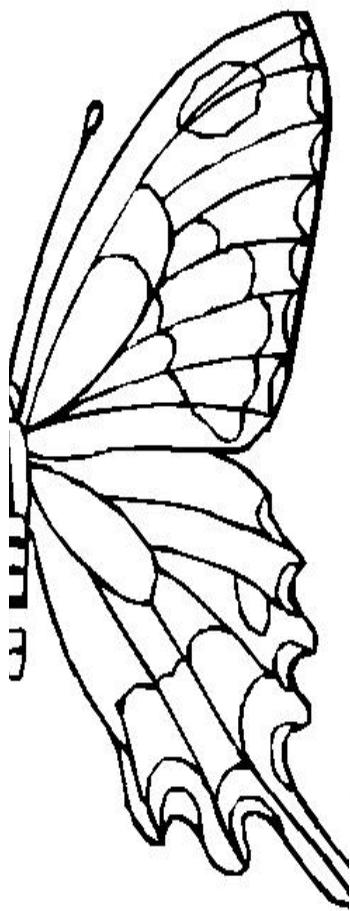
You may have heard that prayer changes things....well, it does, because it changes you. Changes your heart, when God wipes away all those guilty, heavy regrets; changes your mindset, when you begin to understand the "big picture" and how you fit into it; changes your mood, as you toss out all the rubbish that's been filling your head and making you think you don't matter; then it changes your life, when you begin to allow Jesus to show you a better way. As you learn

who He is, you begin to realize the depth of His love, the beauty of His mercy, and the power of His kindness, justice and wisdom.

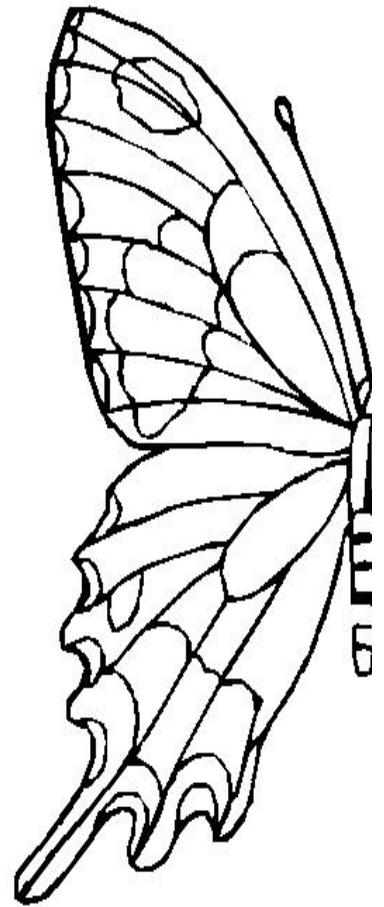
It begins with one simple prayer, and continues on a path that will change you forever.

If you're ready for a change, say this prayer:

"Dear Lord, I know I have done and said things that I should not have. Will you forgive me? I do believe you are the Son of God, the savior of the world, and I want you to be my savior -- I want to learn to follow you, to know you, to please you. I open my heart to you today, and invite you into it. Take away all the awful, sinful things that are there, and make me new--change me. I am ready to begin a fresh life. Thank you, Lord. In Jesus' name, Amen."



change
 ISN'T
 CHANGE
 until it's
 CHANGE



Jesus can change your heart, and give you a fresh, new, start, but then it's your turn to step up and be obedient to His words--follow His lead, to turn everything right side up in your life.

1 Corinthians 5:14-17 says "Since we believe that Christ died for all, we also believe that we have all died to our old life.[d] 15 He died for everyone so that those who receive his new life will no longer live for themselves. Instead, they will live for Christ, who died and was raised for them.16 So we have stopped evaluating others from a human point of view. At one time we thought of Christ merely from a human point of view. How differently we know him now! 17 This means that anyone who be-

longs to Christ has become a new person. The old life is gone; a new life has begun!"

It's a challenge we pick up and start every single day. We will all make mistakes --that's why Jesus had to die for us in the first place. No one is perfect, but we have to give it an honest effort, if we really mean it. It's a daily commitment.

In Luke 9:23, Jesus himself said: "Then he said to the crowd, "If any of you wants to be my follower, you must give up your own way, take up your cross daily, and follow me."

How do we "take up our cross" and follow Him? By making a daily commitment to sacrifice our own desires, and our old ways, and

accept his payment for our sins. Being a Christian is not something to put on and take off whenever you want to. Either you are committed to Christ, to live for Him, or not.

Second, when you get up each morning, be thankful--praise Him--for what He has done for you--he suffered and died, and would have done it all, if you had been the only one.

Psalm 141:2 "Accept my prayer as incense offered to you, and my upraised hands as an evening offering."

If you dare --take a step closer to God and open your heart to Him. You will discover joy on a level you have never known