



.....  
"...for the  
**PURE** in heart  
shall see God."  
.....

► LET'S TALK ABOUT BEING PURE..

# PURE

## SEXUAL INTEGRITY

In order to be a brave and pure Man of Honor you will need to keep yourself pure.

There will come a day when you will be a husband and a father, but that time is not yet.

In order for you to be the father you want to be and a good husband, leader and Godly man, you will need to keep yourself sexually pure. When you do this, God's blessings will fall on your life like rain.

Jay was an outstanding young man. Everyone liked him and he was a natural leader. He was a regular guy who liked the same things everyone else his age liked - guitars, cars, girls, music, girls, art, and girls.

One year Jay attended a conference with a few other guys that went to his school. There, Jay was challenged to think differently about how he felt toward God and specifically about the place that God took in his life. In the overall scale of priority in his life, Jay realized that God did not have a very high ranking. Jay made a decision that night that would forever change his life. He decided to put God first in every area of his life.

One area that would be seriously changed by this decision was the area of girls and dating. Jay decided that he was going to put God first and even decided to do something drastic! Jay made a vow or promise to God to give the first part of his teen years to God as a sacrifice; He vowed to date no one but God for a year. He vowed not to date girls for one year! For some guys this would be easy, but Jay had girls calling him all the time.

When you give God the first of anything, he will bless the rest and make it greater than it would have been otherwise.

After Jay's year was up God had blessed his life in an unbelievable way; his musical talents were multiplying and growing at an amazing rate. He was writing and recording songs, performing in many new venues and would soon become a talented and rising star. Jay's life would never be the same because he decided to put God first.

**WHEN YOU GIVE GOD  
THE FIRST OF ANY-  
THING, HE WILL BLESS  
THE REST AND MAKE IT  
GREATER**

**REMEMBER, TO  
GUARD YOUR  
HEART, YOU HAVE  
TO GUARD YOUR  
"EYE GATE"**



# 4

# KEY VERSES

"FOR THE WEAPONS OF OUR WARFARE ARE NOT FLESHLY, BUT MIGHTY THROUGH GOD TO THE PULLING DOWN OF STRONGHOLDS, PULLING DOWN IMAGINATIONS AND EVERY HIGH THING THAT EXALTS ITSELF AGAINST THE KNOWLEDGE OF GOD, AND BRINGING INTO CAPTIVITY EVERY THOUGHT INTO THE OBEDIENCE OF CHRIST;" (2 CORINTHIANS 10: 4-5 NKJV)

"LIKEWISE, HUSBANDS, LIVE TOGETHER ACCORDING TO KNOWLEDGE, GIVING HONOR TO THE WIFE AS TO THE WEAKER VESSEL, THE FEMALE, AS TRULY BEING CO-HEIRS TOGETHER OF THE GRACE OF LIFE, NOT CUTTING OFF YOUR PRAYERS." (1 PETER 3:7 NKJV)

"BUT I SAY TO YOU THAT WHOEVER LOOKS ON A WOMAN TO LUST AFTER HER HAS ALREADY COMMITTED ADULTERY WITH HER IN HIS HEART." (MATTHEW 5:28 NKJV)

"FOR IF, THROUGH THE TRANSGRESSION OF THE ONE INDIVIDUAL, DEATH MADE USE OF THE ONE INDIVIDUAL TO SEIZE THE SOVEREIGNTY, ALL THE MORE SHALL THOSE WHO RECEIVE GOD'S OVERFLOWING GRACE AND GIFT OF RIGHTEOUSNESS REIGN AS KINGS IN LIFE THROUGH THE ONE INDIVIDUAL, JESUS CHRIST." (ROMANS 5:17 WNT)

## I

SEXUAL  
INTEGRITY IS A  
BATTLE TO BE  
WON

## II

YOUR BATTLE  
MUST HAVE  
STRATEGY

## III

WHAT WE  
FEED, GROWS

## IV

REAL MEN  
HONOR  
WOMEN

FOUR  
KEY POINTS  
ABOUT  
PURITY

**THOSE WHO LEARN  
ABOUT SEX FROM POR-  
NOGRAPHY OR FRIENDS  
WON'T KNOW THE  
FIRST THING ABOUT IT.**

Namely, why God created it. After all, God created sex and it was Him who declared that it was good.

God gave man incredible creative power. In fact, we are told that God made man to "be like God." (Genesis) He gave man a most precious and powerful gift; He gave him the power to create.

He gave him power to reproduce and be like God with the power to create life.

It's no wonder that Satan attacks men most in this area, because of its great power. He knows that if he can pervert God's plan, he can steal the power.

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UNCORRUPTED, UNSTAINED

# 1. SEXUAL INTEGRITY IS A BATTLE TO BE WON

## PURE KEY POINT 1-2

### SEXUAL INTEGRITY IS A BATTLE

### YOU MUST HAVE A STRATEGY

To keep oneself pure from sex before marriage is to be a virgin. Virginity is the strength and glory of a young man's manhood.

Your virginity is a powerful gift; something that you can give only one time in one lifetime, to one person, and then it's gone. It is a once-in-a-lifetime opportunity.

Dan would often have friends who would ridicule him and make fun of him for being a virgin. But it never bothered him, because in his heart he knew that he was special. He could go out and have sex and be like them, but they could never again be like him. He kept the glory of his manhood - he kept his virginity. He was saving it for his wife, on their wedding day. He would marry the most beautiful woman in all of the world (to him) and give her the most valuable gift that he could give her, his virginity. He would remain a champion for her.

## BATTLE: (NOUN)

1. A HOSTILE ENCOUNTER OR ENGAGEMENT BETWEEN OPPOSING FORCES:
2. ANY CONFLICT OR STRUGGLE

.....

**“MY STRENGTH  
IS AS THE  
STRENGTH  
OF TEN,  
BECAUSE  
MY HEART  
IS PURE.”**

**- ALFRED LORD TENNYSON**

.....



PURE

NOT EVERY THOUGHT  
YOU THINK IS YOURS

PURE

## 2. YOUR BATTLE MUST HAVE STRATEGY

### YOUR BATTLE MUST HAVE STRATEGY

How do we fight? We fight this battle in our hearts and in our minds. One of the greatest ways to fight is to fight with our eyes open.

Satan wants to destroy you and cause you to fail. He does this by bombarding your eyes and mind with impure sexual images.

God has given us powerful tools to tear down the fantasies and imagination tactics that the enemy uses to get our minds cluttered with images and thoughts that weaken us. They are Holy Spirit powered cleansing agents that clean our minds and destroy those wicked images.

"For the weapons of our warfare are not fleshly, but mighty through God to the pulling down of strongholds, pulling down imaginations and every high thing that exalts itself against the knowledge of God, and bringing into captivity every thought into the obedience of Christ;" (2 Corinthians 10: 4-5 NKJV)

Not every thought you think is yours. Have you ever had a crazy thought enter your mind that was so sick and twisted that you couldn't believe that you thought it? Often times those thoughts are not your own, but the enemy plants those thoughts in your mind. You have to battle those thoughts.

One guy told me, "I have even shook my head and hit my head to stop myself from thinking bad thoughts."

### FIGHT THE ENEMY WHERE HE ATTACKS

Our first weapon that we use to battle our thoughts is The Word of God – The Bible. It is called the "Sword of the Spirit." To effectively use this sword, we must take it where the battle is -into our thought lives. We must spend time every day thinking about scriptures and allowing them to clean our minds.

### DON'T WAKE LOVE BEFORE IT'S TIME

Often times when my kids were little, I would have events that would bring me home late at night. When I came home, they were already in bed fast asleep. Because I opened a door too loud or turned on a light too close to their room, they would sometimes wake up and come to see me, thinking it was time to wake up. I would simply pick them up, take them back to their beds and tell them "It's not time to get up, go back to sleep." And off to sleep they would go.

The same is true for feelings of sexual desire. If they have been awakened too early, they need to be put back to sleep, until the time is right.



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# 3. WHAT YOU FEED.....GROWS!

## PURE KEY POINT 3-4 WHAT YOU FEED, GROWS REAL MEN HONOR WOMEN

Things grow when they are fed, and starve when they are not. Sexual desire is something that can be starved or fed. Through images that are viewed or thoughts that are entertained, we feed sexual desire. We have the power to say "no" to those things and weaken the desire. A dog can beat a lion, if you starve the lion long enough.

An Indian chief once told his son, "I have two dogs fighting inside of me, one very dark and evil, one very strong and good." The son asked him, "Which one wins?" The chief replied, "The one I feed the most."

We have two natures inside of us, the flesh and the spirit. If we feed and follow our flesh, it will always lead us to ruin. But if we feed and follow our spirit we will win in life.

How do we feed our flesh? Bad movies, bad Internet, bad music, bad thoughts, always looking for comfort, and being lazy.

### .....

## HOW DO WE FEED OUR SPIRIT?

- READING THE BIBLE,
  - PRAYING,
  - LISTENING TO GOOD UPLIFTING, GODLY MUSIC.
  - TALKING WITH DISCIPLINED FOLLOWERS OF CHRIST.
  - WORKING HARD,
  - DOING THE RIGHT THING.
- .....



"GOD'S  
PLAN IS  
THAT  
MEN  
WOULD  
HONOR  
WOMEN."

## 4. REAL MEN HONOR WOMEN



### REAL MEN HONOR WOMEN

A real man is someone who sees the world as it is and as it should be. In popular culture, women are often portrayed as sex objects. Because of the blurred perceptions of a woman's sexuality, many women also allow and even participate in this stereotype. But God's plan is that men would honour women.

"Likewise, husbands, live together according to knowledge, giving honour to the wife as to the weaker vessel, the female, as truly being co-heirs together of the grace of life, not cutting off your prayers." (1 Peter 3:7 NKJV)

A great difference is made between men and women in this passage. Women are not weaker in the sense of equality with men. The difference here is the difference between clay pottery and fine china. Better said, men are like plastic ware and women are fine porcelain china. We are to treat them with respect and dignity and place them on a higher level of respect than we do other men.

My father taught me, when looking at a girl to remember, "She's someone's daughter, and someone's sister. One day she will be someone's mother. She should be treated with the same respect that you would show your mother, your daughter, or your sister."

The entire code of Chivalry dictates that a man use all his capabilities to protect and Honour women.

For example:

A young man is meeting with a young lady and they are sitting across from each other. The young lady is wearing a low cut shirt that exposes her when she leans forward. The young man is faced with two choices. He can either wait for the opportune time to look at her with lust and try to see more, or he can tell her to please pull her shirt up. If he chooses to tell her, he communicates to her that he is a man of Honour and that he is protecting her honour.

God gave each man physical strength that is generally greater than a woman's strength. The purpose of a man's strength is never to overpower or harm, but always to be used to protect and uplift. God gave us greater physical strength and aggression so that we could physically protect women. As men, we are called to protect the honour of women as well.

"But I say to you that whoever looks on a woman to lust after her has already committed adultery with her in his heart." (Matthew 5:28 NKJV)

A great way to honour women is to refuse to see them as sex objects or something to abuse, but something to be honoured and protected. To look at a woman with impure thoughts is not only a break of the Code of Chivalry, its breaking God's law. It's a big deal, even if popular culture says different. A great man honours women.

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# THE KING'S SCROLL: MAKING YOUR PURITY CREED

Romans 5:17 tells us that if we are men who have received the gift of God's grace, then we will reign like a King in life by Jesus Christ. The scripture says,

"For if, through the transgression of the one individual, Death made use of the one individual to seize the sovereignty, all the more shall those who receive God's overflowing grace and gift of righteousness reign as kings in Life through the one individual, Jesus Christ." Romans 5:17 (WNT)

Then in the book of Deuteronomy, we are given a few guidelines of how a king is supposed to reign. We are told that one of the requirements of a king is that he is to write his own copy of the law. For me, that means that I am commanded to write key verses pertaining to those things that I face every day.

"And when he sits on the throne of his kingdom, he shall write for himself in a book a copy of this law, approved by the Levitical priests. 19 And it shall be with him, and he shall read in it all the days of his life, that he may learn to fear the LORD his God by keeping all the words of this law and these statutes, and doing them, 20 that his heart may not be lifted up above his brothers, and that he may not turn aside from the commandment, either to the right hand or to the left, so that he may continue long in his kingdom, he and his children, in Israel." (Deuteronomy 17:18 ESV)

A king will need extra help as he rules the Kingdom God gave him. To be a successful and good king, he will need guidance and encouragement from the word of God.

I know that as I go throughout the day, I struggle with feelings of lust, anger, depression, low self-esteem, feelings of inadequacy, hopelessness, and a lack of faith.

From these key verses, I learned to create a "Kings scroll" written out in my own handwriting that had key verses concerning each of these areas where I struggled. This scroll written by the King, was to be read by the king every day, to help him fear the Lord, stay on track, and avoid the pitfalls that trip up Kings.

## ACTIVITY: PREPARE AND WRITE OUT YOUR KING'S SCROLL.

On a piece of paper write out the main problems you experience. They might be problems like lust, anger, pride, discouragement, or not feeling very good about yourself.

Next, write out the corresponding verse from the Bible that helps you overcome your problem.

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**SET YOUR STANDARDS HIGH. WRITE THEM DOWN.  
MAKE THEM THE LAW FOR THE KINGDOM OF YOUR HEART.**

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## HERE ARE SOME SAMPLE VERSES THAT YOU MIGHT USE FOR DIFFERENT PROBLEMS:

### Lust:

Matthew 5:28

But I say, anyone who even looks at a woman with lust has already committed adultery with her in his heart.

Galatians 5:16

So I say, let the Holy Spirit guide your lives. Then you won't be doing what your sinful nature craves.

1 Corinthians 6:18

Run from sexual sin! No other sin so clearly affects the body as this one does. For sexual immorality is a sin against your own body.

### Discouragement:

Psalm 34:17-19 When the righteous cry for help, the Lord hears and delivers them out of all their troubles. The Lord is near to the brokenhearted and saves the crushed in spirit. Many are the afflictions of the righteous, but the Lord delivers him out of them all.

Psalm 147:3 He heals the brokenhearted and binds up their wounds.

Psalm 55:22 Cast your burden on the Lord, and he will sustain you; he will never permit the righteous to be moved.

Isaiah 41:10 fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.

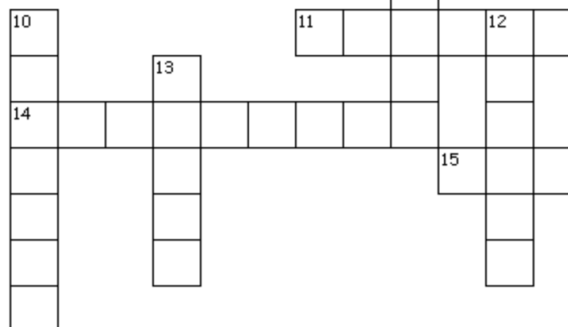
Isaiah 40:31 But those who trust in the LORD will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint.

### ACROSS

1. To show courage
3. Doing your very best
4. Man of \_\_\_\_\_?
5. To be clean inside and out.
7. God's Holy Word.
8. Knights \_\_\_\_\_ of honor.
9. Showing Respect - especially to ladies
11. The act of telling the truth.
14. To give up something important
15. Who is your source?

### DOWN

2. Taking responsibility
6. To show respect to Holy things
10. Another word for showing honor
12. To be powerful
13. Always tell the \_\_\_\_\_?



### Feeling Bad about Yourself?

Psalm 139:14

I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well.

Philippians 4:13

I can do all things through him who strengthens me.

1 Corinthians 10:13

No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.

1 John 3:1

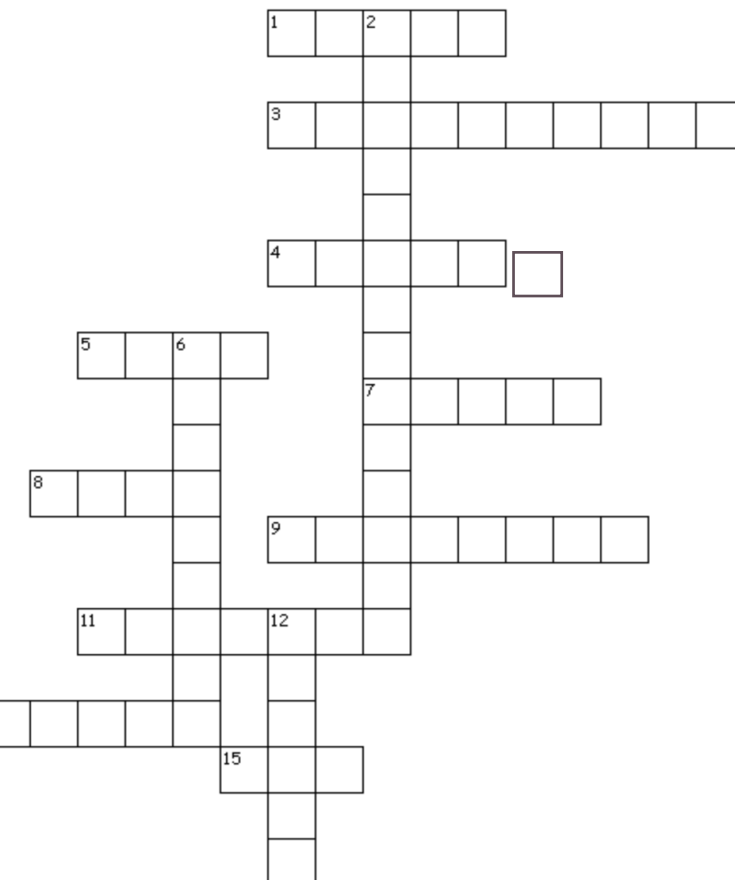
See what kind of love the Father has given to us, that we should be called children of God; and so we are. The reason why the world does not know us is that it did not know him.

Jeremiah 1:6-8

Then I said, "Ah, Lord God! Behold, I do not know how to speak, for I am only a youth." But the Lord said to me, "Do not say, 'I am only a youth'; for to all to whom I send you, you shall go, and whatever I command you, you shall speak. Do not be afraid of them, for I am with you to deliver you, declares the Lord."

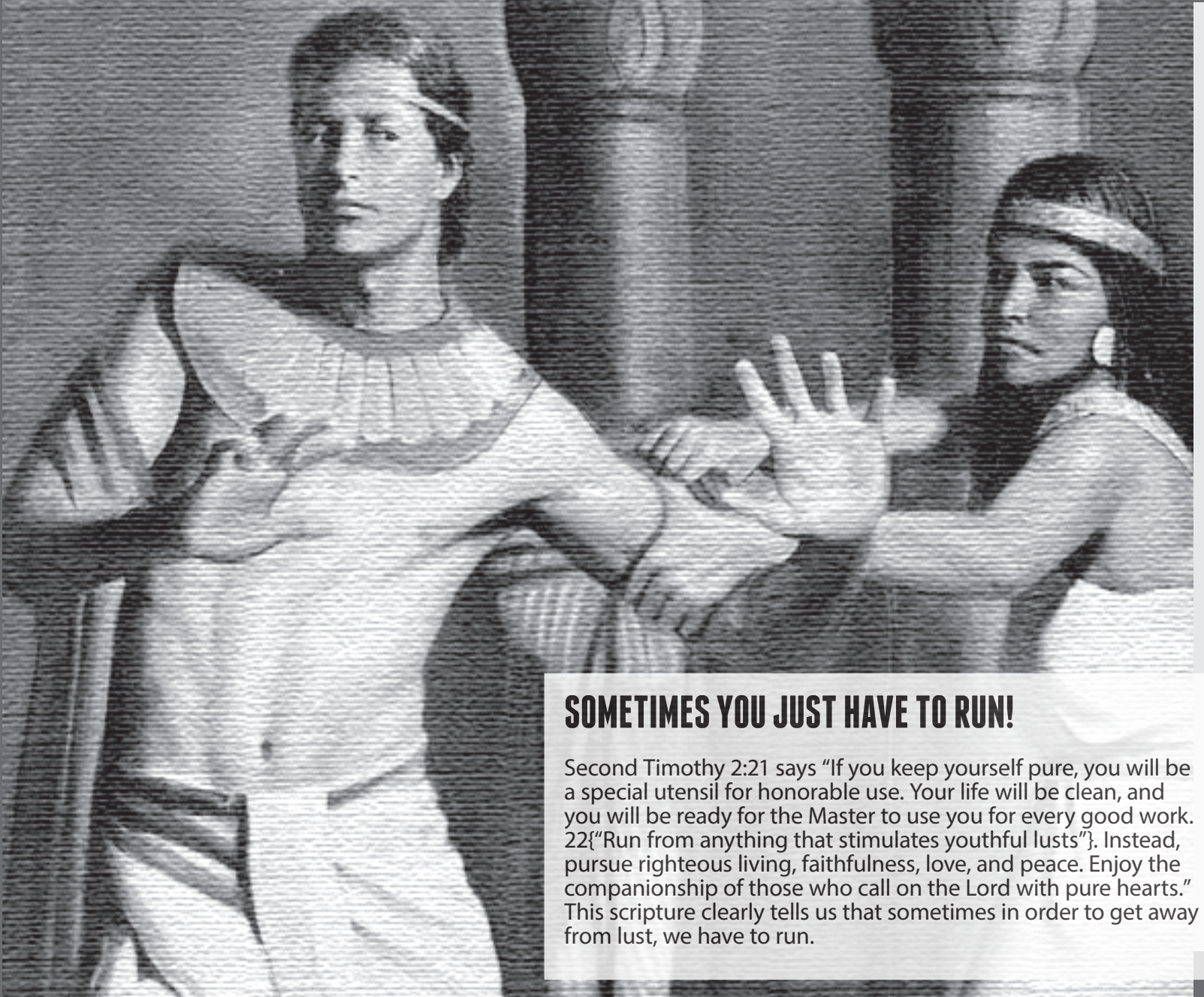
## CROSSWORD PUZZLE:

### A MAN OF HONOR IS BRAVE, PURE AND STRONG....





# PROFILES *in* PURITY



## SOMETIMES YOU JUST HAVE TO RUN!

Second Timothy 2:21 says "If you keep yourself pure, you will be a special utensil for honorable use. Your life will be clean, and you will be ready for the Master to use you for every good work. 22{"Run from anything that stimulates youthful lusts"}. Instead, pursue righteous living, faithfulness, love, and peace. Enjoy the companionship of those who call on the Lord with pure hearts." This scripture clearly tells us that sometimes in order to get away from lust, we have to run.

# JOSEPH

## THE STORY OF JOSEPH

Sometimes when you are faced with a tough choice of having sex or not, the option for you to do is run from the temptation. That means getting away from the person, the situation, or the place that causes you the temptation. A powerful man has the power to run from temptation. One such man mentioned in the Bible who ran from temptation was a young man named Joseph.

6So Potiphar gave Joseph complete administrative responsibility over everything he owned. With Joseph there, he didn't worry about a thing—except what kind of food to eat!

Joseph was a very handsome and well-built young man, 7and Potiphar's wife soon began to look at him lustfully. "Come and sleep with me," she demanded.

8But Joseph refused. "Look," he told her, "my master trusts me with everything in his entire household. 9No one here has more authority than I do. He has held back nothing from me except you, because you are his wife. How could I do such a wicked thing? It would be a great sin against God."

10She kept putting pressure on Joseph day after day, but he refused to sleep with her, and he kept out of her way as much as possible.

11One day, however, no one else was around when he went in to do his work. 12She came and grabbed him by his cloak, demanding, "Come on, sleep with me!" Joseph tore himself away, but he left his cloak in her hand as he ran from the house.

### Questions:

1. In verse 9, with whom was Joseph concerned about sinning against? \_\_\_\_\_

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2. Could Joseph have done wrong and God not know that he had done it? \_\_\_\_\_

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**"TO BEGIN TO FEEL AFFECTION AND DESIRE FOR THE OPPOSITE SEX IS NORMAL AND HEALTHY. BUT THAT DOESN'T MEAN THAT YOU HAVE TO MAKE COMMITMENTS OR DEVELOP RELATIONSHIPS WITH YOUNG LADIES OTHER THAN SIMPLE FRIENDSHIP."**

3. Who is always watching our decisions and see not only what we do, but also what we think? \_\_\_\_\_

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4. Is there anywhere we can hide that God cannot see us? \_\_\_\_\_

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5. What did Joseph have to do in order to avoid this great sin? \_\_\_\_\_

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**"RUN  
FROM  
ANYTHING THAT  
STIMULATES  
YOUTHFUL  
LUSTS"**

**KEEP GOING, CHAMPION!**



# PURITY IN RELATIONSHIPS

## COURTING VS. DATING

Dating – Dating is a relationship where two people of the opposite sex like each other in ways more than friendship and decide that they are going to enter into a deeper relationship, even to the point of resembling a marriage. Marriage is not often the goal of dating. It is just a relationship in which the couple may express their feelings of love and attraction to each other. People who date also break up and date others. Many times, people who date will date 10-20 people in their lifetime.

The important thing to understand about dating is that dating relationships almost always end in a “break-up”. At first, this is very painful. But over time, and through many break-ups, it becomes easier to break up the relationship.

When a person becomes good at breaking up and moving on, it sets a pattern of relationship breaking in their life that will make it harder for them to make the lifetime commitment of marriage.

Courting - Courting is a relationship where two people of the opposite sex like each other in ways more than friendship and decide with the help of their parents, and pastors, to enter into a structured relationship with the hopes of eventually marrying.

The important part to understand about courting is that the courting relationship is a structured relationship where both people are accountable to their parents, their leaders, and to the Lord.







## SAMSON

One great example of someone who had bad relationships with the opposite sex is Sampson. He decided that he was a better judge of what his life should be, rather than involving his parents, leaders, or pastors: Judges 14: 1One day when Samson was in Timnah, one of the Philistine women caught his eye. 2When he returned home, he told his father and mother, "A young Philistine woman in Timnah caught my eye. I want to marry her. Get her for me." 3His father and mother objected. "Isn't there even one woman in our tribe or among all the Israelites you could marry?" they asked. "Why must you go to the pagan Philistines to find a wife?" But Samson told his father, "Get her for me! She looks good to me."

### QUESTIONS:

1. What was it about the girl that caused Samson to want her?

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2. What was Samson's response to his parent's objections about him dating this girl?

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We also see that Samson rejected God's instructions for how he should live. This resulted in a bad life for Samson:

21So the Philistines captured him and gouged out his eyes. They took him to Gaza, where he was bound with bronze chains and forced to grind grain in the prison. 22But before long, his hair began to grow back.

### SAMSON'S FINAL VICTORY

23The Philistine rulers held a great festival, offering sacrifices and praising their god, Dagon. They said, "Our god has given us victory over our enemy Samson!" 24When the people saw him, they praised their god, saying, "Our god has delivered our enemy to us! The one who killed so many of us is now in our power!"

25Half drunk by now, the people demanded, "Bring out Samson so he can amuse us!" So he was brought from the prison to amuse them, and they had him stand between the pillars supporting the roof.

26Samson said to the young servant who was leading him by the hand, "Place my hands against the pillars that hold up the temple. I want to rest against them." 27Now the temple was completely filled with people. All the Philistine rulers were there, and there were about 3,000 men and women on the roof who were watching as Samson amused them.

28Then Samson prayed to the LORD, "Sovereign LORD, remember me again. O God, please strengthen me just one more time. With one blow let me pay back the Philistines for the loss of my two eyes."

29Then Samson put his hands on the two center pillars that held up

the temple. Pushing against them with both hands, 30he prayed, "Let me die with the Philistines." And the temple crashed down on the Philistine rulers and all the people. So he killed more people when he died than he had during his entire lifetime.

31Later his brothers and other relatives went down to get his body. They took him back home and buried him between Zorah and Eshtaol, where his father, Manoah, was buried. Samson had judged Israel for twenty years.

### QUESTIONS:

1. What was the result of Samson's disobedience to his parents and God?

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2. What might have happened to Samson if he had courted a girl and followed his parents and God's plans for his life?

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**"WHEN A PERSON BECOMES GOOD AT BREAKING UP AND MOVING ON, IT SETS A PATTERN OF RELATIONSHIP BREAKING IN THEIR LIFE"**



# GUIDELINES FOR HOW TO ACT

God's word is very clear about how we should treat women.

It says:

"Treat older women as you would your mother, and treat younger women with all purity as you would your own sisters."

--1 Timothy 5:2

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## SOME BASIC RULES

- **SIDE HUGS**
- **NEVER BE ALONE IN THE SAME ROOM WITHOUT THE DOOR BEING OPEN AND SOMEONE CLOSE BY.**
- **NO OPEN MOUTH KISSING**
- **SEX ONLY AFTER PROPER BIBLICAL MARRIAGE BETWEEN A MAN AND A WOMAN.**



**SIDE HUGS**

Whether you are friends, relatives, or courting for marriage, your behavior around young ladies should exemplify purity and honor and also an understanding that certain things are reserved for marriage only.

**“ ANYONE CAN BE HEROIC FROM TIME TO TIME, BUT A GENTLEMAN IS SOMETHING YOU HAVE TO BE ALL THE TIME. ”**



# AROUND YOUNG LADIES

## SOME WAYS TO SHOW HONOR TO LADIES

Open the door for her.

Walk on the street side of the sidewalk

Go up to the door to get her (never honk)

Pull her chair out for her to sit down.

Never sit until she is seated.

Always rise from your chair when she rises.

Stand up when she enters the room.

Treat her friends with respect.

Don't let your friends disrespect her, whether she's around or not.

If her blouse is revealing, look away.

If she's wearing heels, offer your arm to steady her, especially on the stairs.

Whether you're at a social function, a coffee shop, or a fast food place, always offer to get her something, if you are getting something.

Help her with her jacket.

Give her your seat if there is nowhere for her to sit down.

Hold open the door for her.

Open the car door for her.

Offer her your hand when helping her out of the car/truck

Offer your jacket on a cold day or in a cold room.

Offer your umbrella when it is raining.

Never use foul language or coarse talk, but especially never in the presence of a lady.

Never let a lady carry anything heavy.

If she drops something, pick it up for her.

When at a movie or event together and the content becomes inappropriate, immediately leave with her.

When ordering, ask if she'd like you to place her order for her.

Never allow others to use coarse jokes or foul language in the presence of a lady.

Always ask her father for permission first to take her to an event.

Value her opinion - be a good listener, and never put her down.

Allow her to enter the room first if in a social setting.

If entering a potentially dangerous environment, be especially mindful of her safety.

Dress to impress and appropriately in her presence.

Always include her in your conversation with others

Open her car door first, wait for her to be seated, check that nothing is in the way and then close her car door.

Ask her to wait, exit your car, come around the car and open her door.

Compliment her character and virtue.

Compliment her beauty in respectful ways.

Don't demand -- request

Be a good friend, first and foremost.

Respect her privacy - her purse, her phone, her emails.

If she is uncomfortable with a subject, change the subject.

Don't forget your sister is a lady, too. So is your mother!

**KEEP GOING, CHAMPION!**



# YOUR CODE *of* HONOUR

# 4

# KEY

# VERSES

STUDY THIS BOOK OF INSTRUCTION CONTINUALLY. MEDITATE ON IT DAY AND NIGHT, SO YOU WILL BE SURE TO OBEY EVERYTHING WRITTEN IN IT. ONLY THEN WILL YOU PROSPER AND SUCCEED IN ALL YOU DO. (JOSHUA 1:8)

THEN GOD GAVE THE PEOPLE ALL THESE INSTRUCTIONS:  
(EXODUS 20:1)

"ANYONE WHO LISTENS TO MY TEACHING AND FOLLOWS IT IS WISE, LIKE A PERSON WHO BUILDS A HOUSE ON SOLID ROCK. 25 THOUGH THE RAIN COMES IN TORRENTS AND THE FLOODWATERS RISE AND THE WINDS BEAT AGAINST THAT HOUSE, IT WON'T COLLAPSE BECAUSE IT IS BUILT ON BEDROCK. 26 BUT ANYONE WHO HEARS MY TEACHING AND DOESN'T OBEY IT IS FOOLISH, LIKE A PERSON WHO BUILDS A HOUSE ON SAND. 27 WHEN THE RAINS AND FLOODS COME AND THE WINDS BEAT AGAINST THAT HOUSE, IT WILL COLLAPSE WITH A MIGHTY CRASH." (MATTHEW 7: 24-27)

SEEK THE KINGDOM OF GOD ABOVE ALL ELSE, AND LIVE RIGHTEOUSLY, AND HE WILL GIVE YOU EVERYTHING YOU NEED. (MATTHEW 6:33)

## I

A Code of Honor should be established by every man to be used in crisis and temptation and as a general rule of conduct.

## II

Every warrior class in History has developed and passed a "Code of Honor" to its warriors.

## III

Every Man Should Have or Develop a List of "Non-Negotiables."

## IV

The Stronger the Code of Honor, the Stronger the Man. The Stronger the Man, the stronger his future will be.

FOUR  
KEY POINTS  
ABOUT YOUR  
CODE OF  
HONOR

## CODE OF HONOUR POINT I:

A Code of Honour Should be Established by Every Man

We all live by a code of honour. This code emanates from our hearts, from what we feel is right or wrong. Often, we adopt codes of honour from others. It is important that we have guidelines and a code of honour to live by. If we don't establish our own code, we will end up living by someone else's code. When we live according to another man's code, we will share in his consequences as well, whether good or bad. The Lord put forth his code of honour for man to live by that would help him to be successful. The Lord told Joshua:

"Study this book of instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do." (Joshua 1:8)

Code of Honour Point II:

Every Warrior Class in History has Developed a Code of Honour

Throughout history, almost every civilization, organization and warrior class have developed a code of honour to outline the values that make them different from others and guide their conduct to achieve the goals that they deem valuable. These society's warriors have developed a code of honour, which that group seeks to live out to achieve a heroic and brave class of men. This code has distinguished the group of men from the common or baser class of

males. In this chapter, we will examine different codes of honour from historic groups and then develop our own code of honour.

Some examples of the codes of outstanding men are:

### THE CODE OF CHIVALRY

The code of chivalry was a code held to by Medieval Knights. It ruled their conduct and they took vows to uphold this sacred code. It distinguished them from the barbarians of their time. It was also referred to as "The Code of the Knight."

## CODE OF THE KNIGHT

**I. THOU SHALT BELIEVE ALL THAT THE WORD OF GOD TEACHES, AND SHALT OBSERVE ALL ITS DIRECTIONS.**

**II. THOU SHALT DEFEND ALL THAT IS GOOD, ALL THAT IS RIGHT.**

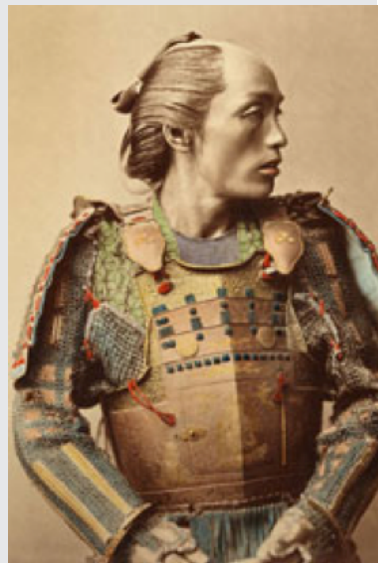
**III. THOU SHALT RESPECT ALL WEAKNESSES, AND SHALT CONSTITUTE THYSELF THE DEFENDER OF THEM.**

**IV. THOU SHALT LOVE THE COUNTRY IN WHICH THOU WAST BORN.**

**V. THOU SHALT NOT RECOIL BEFORE THINE ENEMY.**

**VI. THOU SHALT MAKE WAR AGAINST TYRANNY AND INJUSTICE WITHOUT CESSATION, AND WITHOUT MERCY.**

**VII. THOU SHALT PERFORM SCRUPULOUSLY THY DUTIES TO GOD.**



### THE BUSHIDO CODE

The Bushido code was utilized by the Samurai class warriors of Japan. The code had seven virtues that were expected to be embraced and exhibited by the Samurai. They adhered very closely to this code and it became so ingrained in them that they would often choose to die than to break their sacred code of honour. They went overboard in their code because they placed human life at a lower value than honour.

Some of the elements of the code were:

**RIGHTEOUSNESS  
BRAVERY  
GIVING  
RESPECT  
HONESTY  
HONOUR  
FIDELITY**

**KEEP GOING, CHAMPION!**

# 1. THE CODE OF HONOR 2. KNIGHTS & BUSHIDO WARRIORS



# THE CODE OF HONOR, CONTINUED

## THE CODE OF THE WEST

The Code of the West, also known as the "Cowboy Code" was a set of unwritten rules that cowboys lived for during the days of westward expansion in the United States. They were principles like:

Never shoot a man in the back.  
Always protect women and children.  
Live with courage.  
Take pride in your work.  
Always finish what you start.  
When you make a promise, keep it.  
Always show loyalty to the brand.  
Talk less and say more.

## FRENCH FOREIGN LEGION

- The mission is sacred; you carry it out until the end.
- If necessary in the field, carry out the mission at the risk of your life.

## CODE OF HONOR POINT III:

Every Man Should Have or Develop a List of "Non-Negotiables"

Davy Crockett was a frontiersman and Indian fighter from Tennessee. His reputation as a man of conviction and strength made him famous all over the nation. He was a man of strong ideals and had grit about him that caused others to follow him.

Davy Crockett, though he had no formal schooling, served in the Tennessee legislature during the 1800's. He was credited with killing 105 bears in one year, some of these he killed with only a knife and a hatchet!



His most notable action was his part in the defense of Texas freedom against General Santa Anna and also his epic fight and death during the battle of the Alamo on March 6, 1836.

One memorable quote from Crockett- though there are a few- is:

"First make sure you're right, then go ahead."

Crockett's code of honor caused him to make strong stands in defense of freedom and to live a life that inspired others.

Our code of honor will help us to make tough decisions and guide our actions to be notable, heroic, and perhaps historical.

Benjamin Franklin was an inventor, statesman, and one of the founding fathers of America. He was attributed as saying, "If you fail to plan, you plan to fail."

This saying encapsulates the essence of developing a default for decision-making and the code by which we choose to live our lives.

Franklin developed his set of core values and non-negotiables early in life. When he was twenty, while working as a printer, he published these non-negotiables or core values under the title, "The 13 Virtues." Franklin wrote,

"I propos'd to myself, for the sake of clearness, to use rather more names, with fewer ideas annex'd to each, than a few names with more ideas; and I included under thirteen names of virtues all that at that time occur'd to me as necessary or desirable, and annexed to each a short precept, which fully express'd the extent I gave to its meaning."

**"ALL THE GREAT THINGS ARE SIMPLE, AND MANY CAN BE EXPRESSED IN A SINGLE WORD: FREEDOM, JUSTICE, HONOR, DUTY, MERCY, HOPE." -- WINSTON CHURCHILL**



### BENJAMIN FRANKLIN'S CODE

- Temperance. Eat not to dullness; drink not to elevation.
- Silence. Speak not but what may benefit others or yourself; avoid trifling conversation.
- Order. Let all your things have their places; let each part of your business have its time.

- Resolution. Resolve to perform what you ought; perform without fail what you resolve.
- Frugality. Make no expense but to do good to others or yourself; i.e., waste nothing.
- Industry. Lose no time; be always employed in something useful; cut off all unnecessary actions.
- Sincerity. Use no hurtful deceit; think innocently and justly, and, if you speak, speak accordingly.
- Moderation. Avoid extremes; forbear resenting injuries so much as you think they deserve.
- Cleanliness. Tolerate no uncleanness in body, clothes, or habitation.
- Tranquillity. Be not disturbed at trifles, or at accidents common or unavoidable.

- Chastity. Maintain sexual integrity at all times.
- Humility. Imitate Jesus and Socrates.

Franklin believed that if a person lived by these virtues and sought to develop these values into ones life, that person would be a person of character.

Obviously he found that these virtues certainly helped him to be successful as he became the first Postmaster General, invented and held many patents for new inventions, founded two colleges, started the first insurance company, founded the first hospital, the first circulating library, first U.S. police and fire department, invented a musical instrument, owned and operated several businesses, was the first person to map the gulf stream, enabling faster sea travel, was the Ambassador to England and was one of the chief architects of the U.S. Constitution.

## OUR CREED

One of the creeds of the Men of Honor is also a creed you can make your own personal creed.

It is called "The Fellowship of The Unashamed". When you move up to the Honor Guard, you will memorize it:



## THE FELLOWSHIP OF THE UNASHAMED

I am part of the "Fellowship of the Unashamed." The die has been cast. The decision has been made. I have stepped over the line. I won't look back, let up, slow down, back away or be still.

My past has been redeemed, my present makes sense, and my future is secure. I'm finished and done with low living, sight walking, small planning, smooth knees, colorless dreams, tamed visions, mundane talking, cheap giving, and dwarfed goals.

I no longer need preeminence, position, promotions, plaudits, or popularity. I don't have to be right, first, tops, recognized, praised, regarded or rewarded.

I now live by faith, lean on His presence, love with patience, live by prayer and labor with power. My face is set, my gait is fast, my goal is heaven, my road

is narrow, my way is rough, my companions are few, my Guide is reliable, and my mission is clear.

I cannot be bought, compromised, detoured, lured away, turned back, deluded, or delayed. I will not flinch in the face of sacrifice, hesitate in the presence of adversity, negotiate at the table of the enemy, ponder at the pool of popularity, or meander in the maze of mediocrity.

I won't give up, shut up, let up or slow up until I have stayed up, stored up, prayed up, paid up and spoken up for the cause of Christ.

I am a disciple of Jesus. I must go 'til He comes, give 'til I drop, preach 'til all know and work 'til He stops me. And when He comes for His own, He will have no problem recognizing me. My banner is clear.

I am part of the "Fellowship of the Unashamed."

# 3. CODE OF HONOR: YOUR LIST OF NON-NEGOTIABLES



PURE = CLEAN

PURE: FREE FROM ANYTHING OF A DIFFERENT,  
INFERIOR, OR CONTAMINATING KIND

SYNONYMS: UNPOLLUTED,  
UNCORRUPTED, UNSTAINED

## 4. THE STRONGER THE CODE OF HONOR, THE STRONGER THE MAN



The foundation of our Code will determine the strength of our lives. If our foundation is weak, then everything built upon it will be suspect. But if we build on a strong and proven foundation, we will experience strength of life and stability of accomplishments. Jesus told a story about this process in the Gospel of Matthew by illustrating two builders.

"Anyone who listens to my teaching and follows it is wise, like a person who builds a house on solid rock. Though the rain comes in torrents and the floodwaters rise and the winds beat against that house, it won't collapse because it is built on bedrock. But anyone who hears my teaching and doesn't obey it is foolish, like a person who builds a house on sand. When the rains and floods come and the winds beat against that house, it will collapse with a mighty crash." (Matthew 7:24-27)

When we base our non-negotiables and code of honor on the Word of God, we will ensure success for our lives and those that come after us.

"Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need. (Matthew 6:33)

**"MASCULINITY  
IS NOT SOMETHING  
GIVEN TO YOU,  
BUT SOMETHING  
YOU GAIN.  
AND YOU GAIN IT  
BY WINNING  
SMALL BATTLES  
WITH HONOR."  
--NORMAN MAILER**

